

Clay Madsen Recreation Center Pool Schedule: Summer 2015

(Effective 6/29/2015)

	Sunday 10:30-5:30pm	Monday 5:30-9:30pm	Tuesday 5:30-9:30pm	Wednesday 5:30-9:30pm	Thursday 5:30-9:30pm	Friday 5:30-8:30pm	Saturday 7:30-6:30pm	
5:00 AM		Aqua S-Wet (3 lanes) 5:30-6:20am		Aqua S-Wet (3 lanes) 5:30-6:20am		Aqua S-Wet (3 lanes) 5:30-6:20am		
5:30 AM								
6:00 AM								
6:30 AM								
7:00 AM		Lap Swim 6:30-8:20am	Lap Swim 5:30-9:20am	Lap Swim 6:30-8:20am	Lap Swim 5:30-9:20am	Lap Swim 6:30-9:20am		Lap Swim 7:30-8:50am
7:30 AM								
8:00 AM								
8:30 AM		D.A.F. 8:30-9:20am	D.A.F. 8:30-9:20am	D.A.F. 8:30-9:20am	D.A.F. 8:30-9:20am	D.A.F. 8:30-9:20am		D.A.F. 8:30-9:20am
9:00 AM		Aqua Fit 9:30-10:20am	Aqua Tone 9:30-10:20am	Aqua Fit 9:30-10:20am	Aqua Tone 9:30-10:20am	Aqua Fit 9:30-10:20am		Aqua Games 10:30-11:20am
9:30 AM								
10:00 AM	Lap Swim 10:30-11:50	Aqua Core 10:30-11:20am	Aqua Energizer 10:30-11:20am	Aqua Core 10:30-11:20am	Aqua Energizer 10:30-11:20am	Aqua Games 10:30-11:20am	Lap Swim 10:30-11:50am	
10:30 AM								
11:00 AM	Lap Swim 11:30am-12:50pm							Lap Swim 11:30am-1:20pm
11:30 AM								
12:00 PM								
12:30 PM	Open Swim 12:00-2:50pm							
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM	Lap Swim 3:00-5:30pm							
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								
10:00 PM								

Schedule is subject to change.

Please refer to Program Guide for specific Swim Lesson dates. Lane usage will be based on the size of the class. Average lane usage is 2-3 lanes. Remainder of lanes are designated for lap swim.

Please see CMRC front desk team for Group & Aqua Exercise Rules & Guidelines.

One lane will always be available to lap swimmers. Please be prepared to share a lane.

CMRC Pool closes 30 minutes prior to Rec Center closing.